

SIMPLE YOGURT BOWL

INGREDIENTS



1 (32 fluid ounce) container
vanilla Greek yogurt, divided
2 cups of frozen blueberries
or your favorite type of fruit

DIRECTIONS

- Place 4 ounces of yogurt in the bottom of 8 round, lidded containers. Place 1/4 cup blueberries or your favorite type of fruits in each container. Cover containers and refrigerate until ready to serve.